

## JOB DESCRIPTION

**Job title:** Mental Health Link Worker

**Responsible to:** Communities Team Leader

**Salary:** Starting salary is £28,869.40 per year (Full-time equivalent) (SC5- SP22)

**Hours:** 37.5 per week

**Contract type:** Permanent

**Location:** 102-110 Mare Street, London, E8 3SG

### **About Mind in the City, Hackney and Waltham Forest:**

We are a multi-disciplinary provider of specialist mental health services and a part of the Mind Federation.

We promote both recovery from ill health for people with recurrent and enduring mental health difficulties and early intervention for those at risk of developing mental health issues, or who struggle with common mental health conditions.

We currently support around 5,000 people a year through a variety of services focusing on psychological, social, economic and workplace wellbeing, and support minoritised communities.

### **Our values are:**

**Connected:** Creating a compassionate and supportive community.

**Fair:** We strive for equity- no-one's needs should go unmet.

**Brave:** We walk with people, offering help by doing what works - proven or new.

Working with Mind CHWF means you'll be part of a dedicated, passionate, and professional workforce who cares about the work they do and make a real difference to the lives of the people in the City of London, Hackney and Waltham Forest.

We are committed to actively becoming anti-racist in everything we do. This is a critical priority for Mind CHWF. We embrace diversity and understand that being an inclusive organisation that recognises different perspectives, will enable us to provide excellent services.

We are committed to ensuring all our employees are treated fairly and equitably at work and promoting equity in physical and mental health for all.

Those with lived experience of Mental Health are encouraged to apply.

DBS clearance for an Adult Workforce at Enhanced level (without Barring) is required for this role.

## **Purpose of the post:**

Mind in the City, Hackney and Waltham Forest, working in partnership with Turning Point and Antidote, provide the City and Hackney Recovery service. The service is based in each of City and Hackney's neighbourhoods in order to be accessible, local and inclusive. A full integrated service, shaped by the community needs and voices of service users, carers, families, communities, all staff and volunteers will contribute to recovery, social inclusion and improving the quality of life of all our service users in the City of London and Hackney borough. The service has three elements: Out There, Everywhere- specialist outreach, in reach and engagement; Building Blocks- low, medium and hi intensity support pathways; and Get Connected- building on our local, person and shared assets to provide recovery capital and peer support. The purpose of this role is to further develop / establish strong links with local Mental Health services in the borough of Hackney and City, working in partnership with East London Foundation Trust (ELFT), both in Community and Clinical settings, bridging the gap between both services in order to best support our client group.

## **Main duties and responsibilities:**

1. To support / bridge the gap between MH and City and Hackney substance misuse service with regards to information sharing for High and Medium Risk clients, to support engagement.
2. Ensure that Turning Point have a presence within Mental Health services across the borough, attending MH services weekly MDT meetings.
3. To have a visible presence on MH wards and build good working relations with key professionals within the hospital setting and be point of contact for information sharing, assessment and engagement of clients.
4. To advocate and support engagement of clients with MH mental health services, including those most chaotic and hard to engage.
5. To offer satellite drop in provisions in key MH locations, to support with assessment and engagement.
6. Excel spreadsheet to be created / developed containing clients that the mental health link worker is supporting with MH engagement, clients presented to MH MDT's, presenting in crisis in MH wards, clients where KW's have asked for us to escalate to ELFT on their behalf.
7. To attend MGM and give presentation to whole service ensuring KW's are aware of their role and what support they can give.

8. Have access to RIO, honorary contract to be put in place, to support KW to obtain MH information.
9. To deliver MindCHWF psychosocial interventions (PSI)
10. To facilitate and deliver Mind PSI therapeutic group programmes to clients
11. To develop strength-based recovery plans with individuals that are comprehensive, person centred and individualised based on a clear assessment of that individual's needs and circumstances
12. To involve individuals and their family/advocates in the planning of the individual's care
13. To complete accurate, person-centred and individualised risk assessments
14. To provide person-centred care that reflects the rights, preferences and choices of individuals in an environment that is safe, healthy and maintains the individual's dignity and well-being
15. To provide an environment that is free from abuse or neglect, observing agreed safeguarding practices
16. To engage in regular 1-2-1 supervision and clinical team meetings

## Personal specification

The remaining sections outlines what criteria will be used to appoint the suitable candidate.

Criteria marked (E) are essential and (D) are desirable.

## Experience, Knowledge, Skills, Abilities - Values and Motivations:

**Connected:** Creating a compassionate and supportive community.

- Ability to work in a recovery orientated, person centred, non-judgmental manner E
- Experience of facilitating groups and presentations D
- Experience of gaining feedback on clients' experiences of services E
- Working knowledge of Safeguarding of Vulnerable Adults framework, the ability to follow procedure and development of a culture of safe practice E
- Able to work as part of a team E
- Excellent report writing skills D
- Excellent organisational abilities E
- Proven verbal and written communications that can be modified to different situations E
- Adaptable and resilient to work in a changing and challenging environment E
- Good IT skills

**Fair:** We strive for equity - no-one's needs should go unmet.

- Ability to provide calm, consistent support to those experiencing a mental health crisis. E
- Interest in community participation and co-production techniques E
- Resilient and reflective E
- Ability to deliver against agreed goals, targets and outcomes. E
- Proven non-judgmental attitude and ability to act in a culturally sensitive environment with respect. E

**Brave:** We walk with people, offering help by doing what works - proven or new.

- A passion and commitment to supporting good health, for persons and communities E
- Awareness of the challenges and barriers that people with substance misuse issues might face E
- Interest and knowledge in the local community D
- Ability to work under pressure and meet both service and central services deadlines. E
- Able to work in a changing and sometimes challenging environment. E
- Strong collaborative skills E
- Coaching skills to achieve successful outcomes. E

### Qualifications

- We are ideally looking for someone who is qualified in relevant subjects but are mindful that not everyone can afford or has been given the opportunities to gain professional qualification(s).